NEWSLETTER
Thursday 20th August 2015

Along with other school councillors from across the area, several Ararat North PS councillors attended a professional development session on governance. Councillors explored the framework within which school councils operate, what councils do, council operations and important features to understand about schools. Councillors will attend another session on September 15th which will be about finances. Thank you to those who attended.

This week NAPLAN results were delivered to schools. Assessments for students (Years 3 and 5) are available to be collected at the office. We suggest those attending the assembly on Friday collect them then. Included with the assessments is an information sheet which helps explain the report. If you have any further questions please make an appointment with the relevant teacher.

Students from Learning Area 2 headed off to Safeway on Monday. Everyone enjoyed the tour and exploring what happens in the areas that we as the public do not normally get to see. For more information ask a student in Learning Area 2, they have lots to share.

Everyone should have brought home a sponsorship form for our walkathon, the money raised from this event supports our physical education program. If you have not got one please ask at the office.

Please remember to discuss our values regularly at home – Resilience Respect Responsibility and read with your child daily.

Have a wonderful week Judy Hilbig

WOOLWORTHS EARN AND LEARN STARTS DURING JULY - PLEASE HELP US BY COLLECTING YOUR DOCKETS AND SENDING THEM TO SCHOOL

BELOW… Marty and Will demonstrate our new technique of cutting onions.
CHAPLAINCY CHAT

EFFECTIVE PRAISE

As parents we all know that we respond in two basic ways to our child’s behaviour: we use negative or positive consequences, often simply called punishment or praise. Most of us find that punishment comes naturally, but using praise which works is more challenging. There are two types of praise.

1. Person praise. This is all about praising the child, which makes them feel good, but which can also lead to children becoming people pleasers. They want the praise about themselves repeated, so they will do what they think the other person wants, rather than what is necessarily healthiest or the best choice. It also causes children to think that their value only comes from pleasing others. This kind of praise sounds like this:

You are amazing. You’re a legend. You make me really proud when........

2. Process praise. This praises the child for the way they manage the process of their actions and choices. This encourages them to learn new strategies and techniques for approaching problems and dealing with challenges. It results in flexible thinking. Process praise sounds like this: You gave it a good go. You focused on it. You researched it. You listened to feedback. You followed the instructions.

It may take a while to shift the focus, but if you persist, you will find that process praise can still be applied even when your child feels that they have failed or fallen short. If you learn to use it consistently, then you are helping to build resilient children.

Happy parenting.

Alli (Chaplain. Supporting students and their families)